



RANDALL CARTER ELEMENTARY SCHOOL

Wayne Township Public Schools

531 ALPS ROAD • WAYNE • NEW JERSEY • 07470

TEL: (973) 633-3145 / FAX: (973) 694-4370

Cardinals

Scot Burkholder
Principal

Lydia Cooper, PhD / Cathy Gaynor
Assistant Principals

Health Office Guidelines

School Attendance:

Regular attendance at school is proven to improve academic outcomes. However, if your child needs to stay home, please let the school know by calling 973-633-3145 x70 and leaving a message with your child's full name, teacher, and reason for absence.

When can a sick child return to school:

- *Once a child has been fever free, has stopped any vomiting or diarrhea for 24 hours without medication
- *If a child has conjunctivitis (pink eye) or strep throat they must be on antibiotics for 24 hours
- *Rashes of any kind may require a doctor's note to return to school - please discuss with the school nurse.

Immunizations:

- *Students require a certain immunizations in kindergarten and again prior to 6th grade
- *Letters will be sent home regarding 6th grade immunizations in 5th grade
- *If you haven't already - please submit immunization records as soon as possible
- *You will be notified if any immunizations are missing

Physicals:

- *Students new to the district, in kindergarten, and in 4th grade are required to have a documented physical
- *Paperwork is available on the district website under "Resources"
- *We have a school doctor available in the spring to perform a school physical if needed

Health Education:

- *Each grade receives education on general health including nutrition, first aid, growth and development, drug awareness and social health
- *The complete list is available on the district website under "Resources"

Physical Education Excuses:

When an injury or illness requires your child not participate in Physical Education/recess:

*notify the nurse at 973-633-3145 x12

*1-3 days - excuse can be decided between parents and nurse

*Over 3 days - a doctor's note is required

*If the injury involves crutches, a cast or a brace, that must be included in the note

Medication:

*All medications must be delivered to the health office in the original container

*Over the counter medications need to be labeled with child's full name

*No medication will be given without the proper paperwork and signatures

*Forms are good for the current school year only

Screenings:

*Each child will have their height weight and blood pressure done every year

*Vision and hearing screenings are done alternating years

*Scoliosis is done in 5th grade

*Parents will be notified of any abnormal results

Health Care Plans:

*Students with asthma, allergies, seizures, etc will require a health care plan.

*This paperwork will be completed by the nurse, parent, and physician

*Some of the forms are available on the district website under "Resources"

*The care plan is good for the current school year only, paperwork for the following year will be sent home at the end of the current year

*Please contact the nurse if you need assistance with this paperwork

Please feel free to contact me anytime by phone, email or in person with any questions or concerns.

Thank you,

Kim Depetris RN, CSN

kdepetris@wayneschools.com

973-633-3145 x12